

Getting a Proper Grip on Your Golf Club

Getting into golf is not the simplest thing in the world. For one, it is a sport that requires immense concentration and mental discipline, but even that is not enough. No – just like any other sport, golf requires that you have mastered some very specific skills in order to get far in the game.

And in golf, there is no skill more basic, and more crucially important, than that of getting a proper grip on your golf clubs.

If you think about it a moment, you'll see that it really does make a lot of sense. After all, your grip is the connection between your body and your golf club. It affects absolutely everything about your swing, as you use it to direct your club towards the ball.

Unfortunately, learning to get a proper grip on your golf clubs is not the easiest thing in the world. In fact, many people spend years before they gain the ability to constantly use the right type of grip.

Partially, this is due to the simple fact that unless you're actually following a proper training program, getting the theory behind the right golf grip is difficult. Sure, there are a lot of resources out there, but with various terms being thrown around it can all be somewhat confusing for a beginner.

Should you be willing to learn though, this guide is going to be your foundation towards getting that grip that will improve your game by leaps and bounds.

Instead of just telling you how to grip your golf clubs, we're going to be taking you through the whole nine yards of the process. That includes, actually, learning just how a grip can affect your swing.

Once you know that, then you'll be able to more easily spot the common mistakes that many golfers, even the intermediate ones, tend to make with their grip. More importantly, you'll be able to spot your own mistakes.

Granted, you're not going to miraculously turn into an expert golf-club-gripper overnight. What this guide can supply you with is all the knowledge that you need, but you're still going to have to head over to the golf range and actually work on your grip till you're comfortable with it, and it becomes somewhat second-nature to you.

Before we get into all that, let's get the ball rolling and start off by looking at grip itself, just to gain a better understanding of what you're going to be dealing with.

What is the 'Right' Type of Golf Grip?

What makes one type of golf grip 'right' and another 'wrong'? Why does it matter how you grip your golf club? Can't you just grip it however you want?

The answers to those questions are all very easy if you think about them a little bit. As we already stated, your grip is the connection between your body and the golf club, and so it affects absolutely every aspect of your swing.

That one fact really can't be stressed enough.

Imagine your golf club as an extension of your arm. If it were, then your grip would be the 'joint' that connects it to your arm. In short, it would determine how, where, and when the club moves.

And that is exactly how it works when you take a swing. Sure, it is the muscles of your arm that are moving, and even powering the swing to a certain degree. But when push comes to shove, it is your grip that is going to channel all of that power into the final shot.

So what determines the 'right' type of grip? Well, to be completely honest it is simply the type of grip that produces the best *results*. After all, that's what you want, isn't it... a good, solid, powerful swing that allows you to accurately target the shot to perfection.

Anyway, it is what you *should* want.

Beginners who just grip the club in whatever way they want often end up finding that their results vary greatly. While they might get things spot on with one shot, they will undoubtedly find that the majority end up going very awry, and slices and hooks emerge that cause the ball to fly off in undesirable directions.

With a good golf grip, all of that can be avoided and mitigated, giving you a distinct advantage.

To sum things up, there are two main things that you want out of your golf swing: control and power. And surprise, surprise, the 'right' kind of grip will give you both of those on a silver platter.

Don't be lulled into thinking that this means that there is a 'one size fits all' golf grip that is the absolute 'right' grip. Oh, no, of course not. In fact, there are many different kinds of grips, each of which could possibly be considered the 'right' grip.

Learning the 'right' grip could really be said to be more along the lines of finding the 'right' grip that suits you personally, while giving you great control, and amazing power in your swing.

Now that you have a fuller understanding of the type of grip which you're looking for, we're going to take a look at how grip actually plays a role in both power and control of the swing.

How the 'Right' Grip Works

Just a little while ago, we talked about how the grip was like an extra 'joint' of your arm, connecting it to the golf club. Really, that's a pretty good explanation of just why the 'right' grip is so important, but as you can plainly see, it doesn't really explain how it all works.

A lot of the misunderstanding when it comes to a good grip is centered on the wrist action itself. This couples with the fact that the wrist really is one of the most important parts of a swing and makes even a small misunderstanding into a very big *mistake*.

Why is the action of your wrists so important? To put it in an easily understood manner: The wrist is an actual joint that is located close to the grip of the club. Thus, any movement by it will definitely be affecting your swing.

Okay, now that we've covered that, imagine that you're holding your golf club in your hands. Or better yet, grab it if it is nearby. Either way, flex your wrists in every direction as you hold it in the manner that you would when taking a swing.

Notice that your wrist can move either forwards or backwards, as well as up and down.

This very range of motion plays an important role in your swing. Often, for beginners, it ends up playing a *detrimental* role, and is the reason behind a ruined swing that ends up in a hook or sliced shot.

Should the wrist move too far up or down during the motion of the swing itself, then the entire swing itself will be thrown off. Similarly, if the wrist is flexed too far forward or backwards, it could not only ruin the shot, but end up ruining your wrists.

At this juncture, it's probably wise to be clear on one very important point: You should not need to *try* to move your wrist. It should happen *naturally*.

Attempting to explain the exact wrist movement that is supposed to happen naturally is slightly problematic. Some people even go so far as to describe how the wrist 'flicks' just at the point where the swing comes into contact with the ball.

Others instead choose to view the entire motion as the wrist 'opening' throughout the swing until that final contact.

For our purposes, we're not going to waste too much time detailing the exact process. Mostly, this is due to the fact that if you follow all the advice contained in this guide about getting the right type of grip, then you won't really need to know it.

So long as you're aware of the motion of your wrists, and know that you shouldn't be trying to flick or open your wrists into a swing, you'll be fine. As your grip starts to improve, and slowly but surely become better, you'll find that your wrists automatically are doing what you want them to be doing.

Which is great, of course, but it's about time we got into a few of the basics of gripping a golf club in the right way, and started actually giving you something to work on.

Basics of Gripping the Golf Club

Later on, you'll see that there isn't just one option as far as gripping the golf club is concerned. In fact, there are three basic grips that you can pick and choose from.

For now though, there are a few specific basics that lie behind a good golf grip which are worth discussing. As we go over them, you'll get a better idea of what you're going to have to do to get that perfect golf grip that you so desire.

And that is the overall objective that you're shooting for, right?

One thing that you should bear in mind throughout these basics is that you'll need to experiment with what you've learnt before you actually can see how the theory works. Even after you do find the grip that seems to be ideal for you, you're going to have to practice and practice until it comes completely natural to you.

Enough with the preamble. How about we get down to business and look at the very first essential of a good golf grip?

Grip the Club Lightly

What does that mean? Well, basically, all that it entails is the simple fact that while it may seem to make sense to hold on to the golf club as tight as possible, you really shouldn't. In contrast, your grip should actually be relaxed and with just a very light pressure on the club itself.

Often, beginners are told to grip the golf club as if they were holding a baby bird in the palms of their hands. True, this isn't the most specific type of instruction, but it is somewhat accurate nonetheless, and should give you a rough idea of the kind of 'lightness' that is going to be required of your grip.

If you'd like to be more specific think of it this way: Let's say that there's a scale of 1 to 10, where 10 is a very tight and firm grip, whereas 1 is a very light and almost nonexistent grip. In this sort of scale, the type of 'light' grip that you're aiming for should be about a 4 to 5.

But why is a light grip so important?

Generally speaking, if you're gripping your club too tightly, it is a recipe for disaster. Not only does it increase your tendency to 'slice' the ball, but it also even ends up being a detriment to the power of your swing.

What many beginners don't realize is that the true power behind the shot lies in the wrist action as opposed to anything else. For this reason, a tight grip that tends to cause your wrists to lock does not give you the same kind of power that you can achieve with a light grip.

With your wrists locked, and your muscles tense, your club isn't going to move as well in tandem with your body. Ideally, you'd want your club to rotate in harmony with your body, and if your muscles are tensed, this isn't going to happen.

Beware though, a grip that is too light is going to cause the club to rotate too freely, and that's just as bad seeing as you won't be getting any sort of power, and your wrist will be flailing and moving wildly and erratically.

Finding the middle ground is definitely the order of the day, as was mentioned previously. Of course, the only way to do that is to get out there and give it a go. When you do, start off by trying the two extremes, i.e. a very tight grip, and then a very light grip. By observing the differences between the two, you should be able to notice what we've been discussing so far.

Then, start again with a light grip, and slowly tighten it till you find that your club is not twisting too much in your grip, but rather is being guided in tandem with your body's motion.

Testing that your grip is light enough and tight enough at the same time can be carried out by getting a friend to try to pull your club from your grip. If it is tight enough, they shouldn't be able to do so.

Sounds easy enough right? It is, but how about we take a look at another golf basic that will help smooth things along even more.

Grip with Your Fingers

Okay, a common mistake that is made all too often by beginners is to grip the club with the palms of their hands. It is especially noticeable in the lead hand, which is, the left hand for right-handed golfers, and the right hand for left-handed golfers.

In a nutshell: Don't do this.

So how do you grab hold of your golf club without using your palms? Easy: Use your *fingers* instead, and you'll find that your control increases incredibly.

Also, do you remember just a while ago we were talking about how wrist-action accounts for a lot of the power that goes into a golf swing? Well, gripping your club with the palm of your hands also negatively affects the amount of wrist-action you're able to attain.

Whereas, by using your fingers, you'll be able to gain additional power due to the increased 'hinge' of the wrists, or rather, the 'up' and 'down' motion that it goes through. Furthermore, you'll find that you're able to *feel* the swing and guide it with greater accuracy when you're using your fingers as opposed to your palms.

Being able to feel your golf swing is essential, and you'll find that it can make all the difference.

Soon enough, we'll get to the specific types of grips, and when we do, you'll be able to get a clearer picture of how to grip with your fingers and not your palms. Till then, just keep it in mind.

One more thing of note before we move on are the...

Hand Position Checks for Best Grip

Regardless of the type of grip you end up using, there are two checks that you should be carrying out before every swing. In theory, they're pretty simple, but many beginner golfers tend to forget them at the critical moments.

As far as the purposes of these checks go, it is really very straightforward. By performing a quick check before a swing, you can ensure that your hand positions are correct and will not inadvertently cause your shot to hook or slice.

Needless to say, for this very reason, you should accustom yourself to keeping both these checks in mind for *every* swing that you take.

So what exactly do you need to do? Well:

1. The 'V' Check

Some people tend to refer to this as 'checking your V's' or something similar, but it all amounts to the same check at the end of the day, and it is used to that your hands are in the right position.

Carrying out this check is simple. Before a swing, just look down, and note the position of your hands. For the case of this example, we're going to assume that you're right handed.

If you are, then what you should see is the first two knuckles of your left hand and a 'V' shape formed on the crease between the thumb and forefinger, which should point towards your right shoulder.

Similarly, the right hand should also have a 'V' shape that points towards your chin, or slightly to the right of it.

Naturally, if you're left handed you just need to reverse this so that you see the first two knuckles of your right hand, with a 'V' pointed towards your left shoulder, and another 'V' on your left hand that points towards your chin, or just to the left of it.

Do this before every swing, and you'll find that the results are readily apparent as you'll be able to get more power and far greater accuracy.

Also, you'll be avoiding those nasty miss-hits that every golfer learns to dread.

2. Alignment Check

Following the 'V' check, you're going to want to perform a second check that will further ensure you're on the right track as far as your grip is concerned in relation to your stance.

Thankfully, it is just as simple as the 'V' check as far as carrying it out is concerned.

All that you need to do is check that your grip is aligned with the face of your club. Although this may seem fairly straightforward, you must ensure that you do it before every swing, and that, having checked it, your grip does not accidentally rotate or shift.

Of course, if you do shift your grip, you'll want to just glance down and check the alignment with the clubface again. Despite the fact that this takes all of about two seconds, it could make a marked difference to the swing that you're able to pull off.

Now that you know the two grip checks that you're going to want to make part and parcel of your golf swing setup, all that remains is to actually do so. Sadly, this is the part that is easier said than done.

Almost every beginner gets advice about these checks at some point or other, but few actually end up making it a part of their game. Why is this? Well, in most cases it is just the fact that it can be so easy, at the crucial moment, to 'forget'.

In order to really and truly make sure that you don't suffer from this problem, well... that's going to take time, and effort. At first you'll need to be constantly reminding yourself to perform both checks.

But if you're able to keep reminding yourself, as time flies by, you'll become more and more used to the checks, until you'll undoubtedly reach a point where you can't imagine not checking your V's and alignment with the clubface.

Once you've reached that point, then you'll have lapsed into the casual and natural nature of a true golfer.

Here and now, we're pretty much done with the basics, and it is high time that we moved on to something more. And what better place to move on to, than to begin to explore the different types of grips that golfers can use.

Hand Placement for Grips

One final section awaits us before we get to the grips themselves though, and it is crucially important that we cover this topic sooner rather than later: hand placement.

Let's get a little terminology out of the way before we delve into it fully. Mainly, you should remember these two terms that will ease you through the explanations we're going to provide:

1. Lead Hand

In a nutshell, the lead hand is the hand that is in the front when you're lining up a shot. Thus, for right handed golfers it is the left hand, and for left-handed golfers it is the right hand.

2. Trailing Hand

Exactly the opposite of the lead hand, the trailing hand is the hand that is at the back when you're lining up a shot. As such, for right-handed golfers it is the right hand, whereas for left-handed golfers it is the left hand.

Feel free to come back and consult this reference if you happen to get slightly mixed up in any part that follows. To be honest though, now that you know these two terms and what they mean, you can probably see that they're not too tough to remember.

What's more, if you're actually using your clubs to try out the different types of grips, it gets even easier to remember which is your lead hand and trailing hand.

Close as we are to getting into the types of grips themselves; let's look at the placement of your lead hand and trailing hand. Seeing as you already know some of the theory of gripping the club, it shouldn't be too tough to follow this step by step outline.

Lead Hand Placement

Exactly where the club lies in your hand is the first part of placement that you need to be concerned about. As you well know, you want to use your fingers, as opposed to your palms, to get greater control over your swing.

Remember always that in this explanation we're assuming the club to be face square.

In the case of the lead hand, this means that if you hold it out, your club should rest with its uppermost portion at the lower part of the pinkie, that is, the part closest to the palm. Then, it will slant diagonally upwards so that it ends up fairly midway along the index finger.

When you translate that placement into the grip, this means that you're not just grabbing the golf club straight on, but instead your hand is slanted with the thumb extended, somewhat as though you were looking sideways at a closed fist, but at a bit more of a slant.

Remember the V check? Well, you should be able to carry that out right now if you have the right position.

Try out the left hand placement a couple of times, but don't be too worried about things such as lightness of grip that we discussed earlier. Just concern yourself with the placement itself, and the finger-grip for now.

Trailing Hand Placement

As with the lead hand, your golf club should lie on a specific part of your trailing hand too. And, no surprises here, that portion is definitely on the fingers as opposed to the palms.

Don't be worried about the pinkie of your trailing hand for now. We'll explain it later, but the focus should be on the index, middle, and ring fingers instead. Unlike the lead hand, the trailing hand should come into contact with the club first slightly below the middle of the ring finger. Then, the middle of the middle finger, and finally, just above the middle of the index finger.

Sound somewhat confusing? Well, basically just think of it as a line that starts about two-thirds down the ring finger, cuts across the middle of the middle finger, and ends up one-third down the index finger.

Once you grip your golf club with the trailing hand in that way, then you'll find that the pinkie fits into place. Also, you should notice that the thumb of the lead hand fits into the recess of the trailing hands palm near the lifeline.

Again, you should be able to check your V's at this juncture. And in fact, you could even start to experiment with the firmness of your grip now that you have both hands on the handle.

Keep practicing these placements till they come easily to you, then, when you're ready, move on to the next section where we *finally* look at some of the specific types of grips that are going to help your swing!

Types of Golf Club Grips

Throughout this guide, at various points we've mentioned the fact that there are three main grips used by golfers. Finally, we're going to look at them in more detail, so that you can choose which would best suit you.

Each of the three main grip types has its merits, so don't try to 'force' yourself into using a certain grip. Go with what feels comfortable and natural, and more importantly, what actually works for you.

That way, you'll end up getting the best results possible.

Of course, in the future you may very well reach a point where you want to alter your grip, and that isn't inconceivable at all. With the right mindset, you'll find that you're able to do so. For now, it is better to concentrate on mastering one grip rather than trying to be 'fairly okay' at all of them.

If you wish to, it would be a good idea to go ahead and grab your golf club right now, if you don't already have it with you. Or, alternatively, just get a stick that you can use to mimic the grip types that we're going to be describing.

Being as hands-on about this (no pun intended!) is going to allow you to actually feel each grip as it is described to you, as opposed to just hearing about it.

Furthermore, you'll find yourself better able to follow a lot of the explanations in this guide if you've actually tried out the grips for yourself. In itself, that will help you get the most out of this guide.

So let's get the ball rolling, and leading the way into the types of grips that we're going to be looking at today is...

The Overlap Golf Grip (also known as the Vardon Overlap Grip)

Increasingly, this has become the grip of choice for many professional golfers, which is why we're going to be dealing with it first. Don't worry if you don't instantly like it though, or even if you absolutely can't stand this grip – just because you don't use it doesn't mean you don't stand a chance in golf.

Part of the reason why the overlap golf grip is so popular is because it takes full advantage of a golfer's wrist and forearm strength. In the modern professional game, where a golfer's strength and athleticism are as telling factors as their technical game, this really does come into the fore because it allows golfers to harness more of their muscle power.

Predominantly, and probably rather predictably, it is favored by male golfers. The name 'Vardon overlap grip' comes from the fact that it was popularized by Harry Vardon.

As far as forming up the grip itself goes, it is rather easy. All that needs to be done is that you grasp your golf club in the conventional way, with the leading hand on the top and the trailing hand at the bottom.

Then, take the little finger (or pinkie, if you'd prefer that it be called that) of the trailing hand, and place it in between the index and middle finger of the lead hand.

Confused? Don't be – all that means is that you're shifting your pinkie to lie after the first knuckle of your lead hand.

Then, tuck the thumb of the lead hand into the lifeline of your trailing hand. Incidentally, the 'lifeline' is that long crease on the palm of your hand that extends downwards, just in case you were unsure.

That's it! You have your Vardon overlap grip all set and ready to go.

Have you been following the explanation by trying it out on your golf club? If you have, then give it a few swings and see how it feels. Good? Bad? Maybe it's a little early to tell now, but after you try it out for real on the driving range, you'll get a better idea.

In no small part, this grip is so favored because it gives the sense of the hands remaining connected and working together throughout the swing. Naturally, this offers more feeling, and is also the source of a lot of the power that golfers can channel through the swing.

Unfortunately, it does require that you have that kind of power to channel in order to get the most out of this grip. Strong hands are a definite prerequisite, as, due to the overlap, you'll be having fewer fingers on your club to actually control it through the swing.

Not so sure that the overlapping grip is the one for you? Never fear, there are alternatives, as you well know by this point. Let's go on and look at another grip which you could use.

Ten Finger Golf Grip (also known as the Baseball Golf Grip)

Honestly, it doesn't get much more self-explanatory than the ten-finger golf grip. And if you've ever tried playing baseball, or know anything about it, then you'll find this grip as one that is pretty familiar.

Granted, unlike the Vardon overlapping grip which we just discussed, the Baseball grip is less popular among professional golfers. But, it is very popular among many beginners who are just starting out and want a grip that does not require the sort of strength of the Vardon grip.

Without a doubt, the Baseball grip fills that niche perfectly. Despite its lack of popularity among professionals, several hall-of-fame players have used it, so don't dismiss it just because it may not be the most popular professional grip of today.

To get a good Baseball grip going, just grip your club so that, as always, the lead hand is at the top and the trailing hand at the bottom. Then, slide the hands together so that the little finger of the trailing hand is touching the index finger of the lead hand.

That's it! You're done.

Simple, isn't it? Remember to grip with your fingers rather than your palms, and you'll find that you're able to achieve wonders with this Baseball grip.

Because you're going to be using all ten of your fingers, you'll be able to hold the club firmly (but not too firmly!), and control its swing with greater ease than you would with most other grips.

If you're trying out this grip as we explain it, then go ahead and give it a few swings. Notice how your wrist is able to move and hinge more easily? That's yet another advantage of this swing, as it allows some extra power to be attained by this type of wrist motion.

For anyone with arms and hands that aren't so strong, this grip is ideal. Young children, elderly people, women, and even those with weak wrists or arms due to arthritis or any other condition will find that this grip is probably the best to start off with.

Naturally, in time you may well find that you want to change your grip, and that's definitely a possibility.

Now that we've covered the Vardon grip, which requires a lot of strength, and the Baseball grip, which requires very little, it is about time we go for the middle ground with this next, and final, grip.

The Interlocking Grip

Although slightly less self explanatory than the Baseball grip, the interlocking grip is really something that shouldn't be too hard for you to fathom. And if there is any testament to its effectiveness, there is the fact that it is the grip that Tiger Woods uses.

That probably got your attention didn't it?

On a basic level, this grip requires less strength than the Vardon grip, but also locks their hands together to give that connected feel and power that the Vardon grip is so famous for. As you'll soon see – this similarity isn't all that surprising.

In fact, if you want to start off with an interlocking grip, you should do so much the way we did the Vardon grip. Once again, grasp your club in the conventional way with the lead hand on top and the trailing hand at the bottom.

Done that? Good. Now just like the Vardon grip, take the pinkie of the trailing hand and place it between the index and middle finger of the lead hand. Or, in other words, shift it to lie after the first knuckle of the lead hand.

But instead of just leaving it there as you would with the Vardon grip, you're going to have to intertwine it with the index finger of the lead hand itself.

Basically, you're 'locking' it into position there, by intertwining it, and creating a very firm connection between your lead hand and trailing hand. So you'll have that connectedness, and at the same time require less strength to pull off a good swing.

Incidentally, just like the Vardon grip, the thumb of the lead hand should fit into the lifeline of the trailing hand.

One thing to be careful of when using the interlocking grip is that if you aren't careful, your golf club's handle could very well end up more in the palm of your hand than the fingers, which is, as you well know, not ideal.

With practice, you should be able to avoid this entirely, but it would be a good idea to keep it in mind until you're more accustomed to the interlocking grip.

If you have short hands and fingers, or even just thicker palms, this could be a good alternative to using the Vardon grip that is often problematic under those conditions. Naturally, if you even just don't like the Vardon because of the strength it requires, the interlocking grip is ideal in that situation too.

And with that, we've covered the three main golf grips that you have to choose from.

Have you been trying them out as we go along? Don't sweat it if you can't seem to choose between them just yet – you don't have to make a decision right now. Experiment with each, and remember everything else we've talked about from light, finger grips to those two all-important checks.

Do all that, and you'll soon be able to find the ideal grip that suits you.

Just as a final note, here's one last grip that you should master too – regardless of which of the main three grips you've chosen.

Putting Golf Grips

Seeing as putting is a very distinct portion of golfing that is less about power and all about accuracy, it makes sense that the grips it uses are very different. To have a complete golf game, you're going to need to master one putting grip too.

Right now, we're going to run over the two main putting grips that are most popularly used. Once again, the final choice as to which one you end up using is entirely in your hands (again, no pun intended!).

1. The Overlapping Golf Grip

In many ways, this grip is similar to the Vardon grip, and is really just a modified version of it to improve the putting game.

Instead of the pinkie of your trailing hand crossing over to lie between the index and middle finger of your lead hand, it is your lead hand's index finger that is going to move over to lie in the groove between the pinkie and ring finger of your trailing hand.

That's it – the overlapping golf grip.

2. The Cross-Handed Golf Grip

Okay, the downside of the cross-handed golf grip is that it's tough to explain while still referring to 'leading hands' and 'trailing hands'. Why? Well, just because it really is cross-handed! Or rather, it requires that you reverse your hands!

So for a right handed golfer, where his or her leading hand, or left hand, would normally be on top, it would now be at the bottom. And likewise, where his or her trailing hand, or right hand, would have been at the bottom, it would now be at the top.

Yes, that's right – an entirely reversed grip that is deemed to be one of the best options for putting.

As you can gather, these two grips will require some getting used to, but rest assured, it is worthwhile that you spend time working on them. What use is a great drive when you can't finish the game with an equally great putt, after all.

And with that, congratulations, you know almost everything that there is to know about gripping your golf club in the right way. Note that yes, we did say 'almost'.

What's left? Well...

Maintaining the Golf Club's Grips

That's right. While it is true that this isn't really much to do with how you, personally, grip the golf club, it does play a big role in your grip!

Time and time again, we've gone over the importance of a light, but not too light, grip, as well as how letting your club lapse back into your palms instead of your fingers would be bad. And, if you connect the dots, you'll see that maintaining the grip on your golf club itself is critical to both of these factors.

How so? Well, your golf club grip, through use, invariably ends up becoming worn out. When it does, it becomes slicker, and your hands can't maintain as firm a hold on it as previously, unless you start increasing the firmness with which your hands grip the club itself.

From what you know of grip and how it works, you should see the problem already.

Basically a worn out grip means that either your club will end up slipping and your hands positioning being affected, or you'll overcompensate with a tense and firm grip that throws off your swing anyway.

Whichever the outcome, the conclusion is the same – it is in your best interests to maintain the grip on all your golf clubs.

And with that, you *now* can confidently say that you know as much as you need to about gripping the golf club the right way!

Conclusion

Naturally, as we've mentioned previously, knowing is one thing – doing is quite another. Finding the right grip is one of the very first steps that you need to take if you someday hope to become an accomplished golfer.

So take the theory that you now know, and put it into practice. Now!

In time, you'll find that your swing improves greatly, in terms of both power and accuracy. With more practice, who knows, the sky is the limit.

No matter at what level you end up playing though, these basic skills represent something that you should never forget, and always be mindful of. Sure, eventually they may become second nature to you, but even then, every so often, try to think back to them.

Some of the best golfers sometimes forget what they shouldn't, after all.

Still, you're well on your way down the right path now, so keep going, and happy golfing!